

<b>Rockland Interfaith Breakfast Program</b>	Spring Valley	Help distribute hot meals and prepare bagged lunches	Distribute hot meals and bagged lunch to patrons coming to the program	Monday – Friday 6:30AM – 8:30 AM	No experience necessary – ages 18 and over with a smile	For more information and to register, contact <a href="mailto:helpinghandsofrockland1@gmail.com">helpinghandsofrockland1@gmail.com</a>
<b>The Salvation Army</b>	Spring Valley	Food Pantry Assistant	stock shelves, receive deliveries, assist clients through pantry, crowd control	Tues/Wed 9:45am-2:15pm	Must complete Salvation Army volunteer application which includes background check	Zac Llyod Office Manager <a href="mailto:Zac.Lloyd@use.salvationarmy.org">Zac.Lloyd@use.salvationarmy.org</a> (845) 352-9577
<b>The Salvation Army</b>	Spring Valley	Mobile Canteen Feeding Program Assistant	Make sandwiches, pack lunch bag,	Flexible based on availability	Must complete Salvation Army volunteer application which includes background check	Zac Llyod Office Manager <a href="mailto:Zac.Lloyd@use.salvationarmy.org">Zac.Lloyd@use.salvationarmy.org</a> (845) 352-9577
<b>The Salvation Army</b>	Spring Valley	Feed Your Family Distribution assistant	An outdoor food distribution of produce, dairy, perishables, and other donations-happens weekly	Thursday 8:30am-11am	Must complete Salvation Army volunteer application which includes background check	Zac Llyod Office Manager <a href="mailto:Zac.Lloyd@use.salvationarmy.org">Zac.Lloyd@use.salvationarmy.org</a> (845) 352-9577
<b>St. Joseph / St, Boniface Food Pantry</b>	Spring Valley	Food Pantry Volunteer	Direct and check-in clients; Distribute food during pantry hours.	3 <sup>rd</sup> Wednesday of the month, 10am-Noon & 5-7pm		Teresa Bullock <a href="mailto:Sjsb.foodpantry@gmail.com">Sjsb.foodpantry@gmail.com</a>
<b>St. Joseph / St, Boniface Food Pantry</b>	Spring Valley	Food Pantry Volunteer	Stock pantry shelves; Assist unloading and receiving food deliveries during prep days	3 <sup>rd</sup> Monday and 3 <sup>rd</sup> Tuesday of the month		Teresa Bullock <a href="mailto:Sjsb.foodpantry@gmail.com">Sjsb.foodpantry@gmail.com</a>
<b>Sunday Supper</b>	Nyack	Food Prep, Servers	Team members needed to prepare, cook, serve and clean-up before, during and after Supper Service;	EVERY SUNDAY 2pm - 6PM	Join existing or new teams of 6-8 adults.	Natalie Tirado-Buehl <a href="mailto:Natalie.d.tirado@gmail.com">Natalie.d.tirado@gmail.com</a> (917) 353-2672
<b>St. John Deliverance Tabernacle Food Pantry</b>	Nyack	Food Delivery Helpers	Help with deliveries of food at the church from various locations, which at times can be 3,000 lbs. more or less–	Flexible schedule - usually Wednesdays & Every Thursday at 9:30 am (weather permitting)	Able to lift 30 lbs. or more.  Punctual, if not available to attend, please call ahead of time.	Patricia Williams <a href="mailto:Patrice3302@live.com">Patrice3302@live.com</a> (845) 273-2479 – ext. 1105

<b>St. John Deliverance Tabernacle Food Pantry</b>	Nyack	Pantry Helpers	Help with pantry prep: storing of food essentials and packing groceries for distribution on upcoming pantry days	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday – Pantry Prep (9am-Noon)	Time flexibility Punctual, if not available to attend, please call ahead of time.	Patricia Williams <a href="mailto:Patrice3302@live.com">Patrice3302@live.com</a> (845) 273-2479 – ext. 1105
<b>St. John Deliverance Tabernacle Food Pantry</b>	Nyack	Pantry Helpers	Assist on pantry distribution day.	Friday and Saturday – pantry distribution 2 <sup>nd</sup> and 4 <sup>th</sup> Friday and Saturday of the month (9am-Noon)	Time flexibility Punctual, if not available to attend, please call ahead of time.	Patricia Williams <a href="mailto:Patrice3302@live.com">Patrice3302@live.com</a> (845) 273-2479 – ext. 1105
<b>Soup Angels</b>	Nyack	Assisting with Meal service set-up	Setting up dining area for serving meals.	Every Monday & Wednesday  For set up: 1-3pm & 2-4pm with different teams for each day.	Must be over 12 yrs old; ages 12-15 must be with a parent. Setup team sets up the room and organizes the Bounty Table and desserts.	To register or for more information - Email <a href="mailto:safcnyack@gmail.com">safcnyack@gmail.com</a>
<b>Soup Angels</b>	Nyack	Assisting with Meal service and clean-up	Serving hot meals in a restaurant setting;  Helping with the dishwashing and cleanup	Every Monday & Wednesday  For servers: 4:15-6:45PM	Must be over 12 yrs old; ages 12-15 must be with a parent. Servers must be able to stand to serve meals and distribute food.	To register or for more information - Email <a href="mailto:safcnyack@gmail.com">safcnyack@gmail.com</a>
<b>Community Food Pantry (formerly Sloatsburg Food Pantry)</b>	Suffern	Unloading food deliveries	This team helps unload, unpack and stock nonperishable, frozen and other items	Mondays & Tuesdays beginning at 10:30am	Volunteers must be 18 or older	To find out more and register, please go to <a href="#">Volunteer — Community Food Pantry</a>
<b>Community Food Pantry (formerly Sloatsburg Food Pantry)</b>	Suffern	Supporting client food shopping / distribution	There are many roles including pantry set-up, client check-in, manage pantry flow and assist clients, stock shelves & help clients carry out food	Tuesdays 1:30-3pm and/or 3-5:30PM &  Wednesdays 12:30-3PM and/or 3-6:30pm	Volunteers must be in high school or older	To find out more and register, please go to <a href="#">Volunteer — Community Food Pantry</a>